

# PHYSICAL SECTION



## BOXERCISE

at

Lordswood Leisure Centre, North Dane Way,  
Chatham, ME5 8YE

**10:00am to 11:00am**

**£3.00 PER SESSION**

**29<sup>th</sup> Nov / 6<sup>th</sup> Dec / 13<sup>th</sup> Dec / 10<sup>th</sup> Jan / 17<sup>th</sup> Jan / 24<sup>th</sup> Jan /  
31<sup>st</sup> Jan / 7<sup>th</sup> Feb / 14<sup>th</sup> Feb / 28<sup>th</sup> Feb / 7<sup>th</sup> Mar / 14<sup>th</sup> Mar**

DofE Record Book will need to be shown as ID on all sessions at  
Lordswood Leisure Centre

Please note ALL sessions must be attended.

Dean Harding, Summit House, Woodlands Rd, Gillingham, Kent, ME7 2BX

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*Limited spaces, first come, first served basis, consent forms on attendance please, these will be sent to you  
once you have registered*

**Please return the tear off slip to Dean at the above address:-**

\_\_\_\_\_ wishes to attend the **boxercise** course.

**School/Unit** \_\_\_\_\_

**Home Address** \_\_\_\_\_

**Post Code** \_\_\_\_\_

**Tel** \_\_\_\_\_ **Signed** \_\_\_\_\_ parent/carer